

Asmol uni-dose

contains the active ingredient salbutamol (sulfate)

CONSUMER MEDICINE INFORMATION

What is in this leaflet

This leaflet answers some common questions about Asmol uni-dose.

It does not contain all of the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have benefits and risks. Your doctor has weighed the risks of you using Asmol against the benefits they expect it will have for you.

If you have any concerns about using this medicine, talk to your doctor or pharmacist.

Keep this leaflet with your medicine. You may need to read it again.

What Asmol is used for

Asmol is used for the treatment of asthma, bronchitis and other breathing problems.

In people who have difficulty breathing during exercise, Asmol may also be used before exercise to keep the air passages open.

Your doctor may have prescribed Asmol for another purpose. Ask your doctor if you have any questions about why Asmol has been prescribed for you.

Asmol is often called a 'reliever' medicine. It belongs to a group of medicines called bronchodilators or beta-2 agonists. Asmol is inhaled into the lungs and works rapidly to open up the air passages in your lungs.

There is no evidence that Asmol is addictive.

Before you use Asmol

When you must not use it

Do not use Asmol if you have an allergy to any medicine containing salbutamol.

Some of the symptoms of an allergic reaction may include:

- * shortness of breath
- * wheezing or difficulty breathing
- * swelling of the face, lips, tongue or other parts of the body
- * rash, itching or hives on the skin.

Do not use this medicine if the packaging is torn or shows signs of tampering.

Do not take use this medicine if the expiry date (Exp.) printed on the pack has passed. Once a foil pack has been opened, the ampoules must be used within three months.

Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, dyes or preservatives.

Tell your doctor if you have or have had any of the following medical conditions:

- * high blood pressure or other heart conditions
- * liver problems
- * kidney problems
- * thyroid conditions
- * diabetes.

Tell your doctor if you are pregnant or plan to become pregnant

Your doctor will discuss the risks and benefits of using Asmol when pregnant. It is important that asthma is managed well during pregnancy and you should not stop your medicine without asking your doctor.

Tell your doctor if you are breastfeeding or wish to breastfeed

Your doctor will discuss the risks and benefits of using Asmol when breastfeeding.

If you have not told your doctor about any of the above, tell him/her before you start using Asmol.

Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines may interfere with Asmol. These include:

- * medicines used to treat high blood pressure or other heart conditions
- * some cough and cold preparations
- * some weight reducing medicines
- * medicines used to treat depression or other mood disorders.

These medicines may be affected by Asmol or may affect how well it works. Your doctor or pharmacist can tell you what to do if you are taking any of these medicines. They also have a more complete list of

medicines to be careful with or avoid while using Asmol.

How to use Asmol

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

Your doctor will tell you how much to use and when to use it.

How much to use

The dose varies from patient to patient.

Adults: The usual dose is one 5 mg ampoule every four to six hours.

Elderly patients may need smaller doses.

Children: The usual dose is one 2.5 mg ampoule every four to six hours.

How to use it

Do not swallow or inject the liquid in Asmol.

Asmol is for inhalation only, using a nebuliser. A nebuliser delivers the medicine in the form of a mist which you breathe into your lungs. You breathe in the mist through the face mask which is connected to the nebuliser.

Instructions on how to use Asmol are included in the pack.

Read these instructions carefully before using Asmol.

It is wise to visit your doctor or pharmacist from time to time to check that you are using your nebuliser in the right way. If you are not breathing the medicine in correctly, the medicine may not be helping you as much as it could.

If you forget to use it

If you are using this medicine regularly and you miss a dose, take it as soon as you remember.

Do not take a double dose to make up for the dose you missed.

If you miss more than one dose, or are not sure what to do, check with your doctor or pharmacist.

If you use too much (overdose)

Immediately telephone your doctor or Poisons Information Centre (telephone 13 11 26) for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have used too much Asmol. Do this even if there are no signs of discomfort or poisoning.

If you use too much Asmol, you may feel shaky, tremble or have a fast heart beat. These symptoms are usually mild side effects of using Asmol. However, if they are severe or do not go away, it may be that you have taken too much Asmol.

While you are using Asmol

Things you must do

IMPORTANT: If your breathing suddenly becomes more difficult just after using Asmol, tell your doctor immediately or go to Accident and Emergency at the nearest hospital.

If you have an Asthma Action Plan that you have agreed with your doctor, follow it closely at all times.

If Asmol does not help your breathing as much as usual, tell your doctor as soon as possible. If the effect of Asmol does not last as long as usual or lasts less than three hours, tell your doctor as soon as possible.

These may be signs that your

condition is getting worse.

If you are about to start taking a new medicine, tell your doctor or pharmacist that you are using Asmol.

If you become pregnant while using Asmol, tell your doctor.

Tell all the doctors, dentists and pharmacists who are treating you that you are using Asmol.

Visit your doctor regularly so that they can check on your condition.

Things you must not do

Do not stop using Asmol or lower the dose without checking with your doctor.

Do not let yourself run out of medicine over the weekend or on holidays.

Do not take any other medicines for your breathing problems without checking with your doctor.

Do not use Asmol to treat any other complaints unless your doctor says to.

Do not give this medicine to anyone else, even if their symptoms seem similar to yours.

Things to be careful of

If you are mixing Asmol with ipratropium bromide (another medicine for asthma) in your nebuliser, be careful not to let the mist get into your eyes. If the mist does get in your eyes and you get a headache with eye pain, red eyes or blurred vision, tell your doctor immediately.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using Asmol.

Like all other medicines, Asmol may have unwanted side effects in some people. Sometimes they are serious, most of the time they are not. You

may need medical treatment if you get some of the side effects.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor if you experience any of the following and they worry you:

- * muscle cramps
- * mouth or throat irritation
- * headache
- * feeling shaky or tense
- * fine tremors, especially of the hands
- * fast heart beat
- * feeling sick
- * unusual feelings of warmth.

Tell your doctor immediately if any of the following happen:

- * skin rash, hives or itching
- * irregular heart beat, palpitations.

Tell your doctor immediately or go to Accident and Emergency at the nearest hospital if any of the following happen:

- * severe dizziness, fainting or collapse
- * swelling of the face, lips, mouth, throat and neck which may cause difficulty in swallowing or breathing
- * increased wheezing or difficulty breathing after using Asmol.

Very rarely, in people receiving high dose treatment with this medicine and in patients with an acute exacerbation of asthma, a serious condition called lactic acidosis, which affects the blood, may occur because of the build up of lactic acid. Your doctor may do tests to check this.

Asmol may cause a fall in potassium levels in a few people. Your doctor may also do tests to check this.

Tell your doctor or pharmacist if you notice anything that is making you feel unwell while you are using, or soon after you have finished using Asmol, even if it is not on this list.

Other side effects not listed above may also occur in some people.

After using Asmol

Storage

Keep Asmol in a cool dry place where the temperature stays below 30 degrees C.

Keep the ampoules in the foil pack, with the foil lid closed, inside the box, until it is time to use them.

If you take the ampoules out of the foil pack and box, they may not keep well.

Once a foil pack has been opened, the ampoules must be used within 3 months. Discard any ampoules left after this time.

After using the nebuliser, discard any liquid left in the nebuliser bowl, rinse and dry.

Do not keep Asmol or any other medicine in the bathroom or near a sink. Do not leave it in the car or on window sills.

Heat and dampness can destroy some medicines.

Keep your medicine where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

If your doctor tells you to stop using this medicine, or your medicine has passed its expiry date, ask your pharmacist what to do with any ampoules that are left over.

Product description

What it looks like

Asmol comes in two strengths:

- * Asmol 2.5 uni-dose
- * Asmol 5 uni-dose

Each pack of Asmol uni-dose contains 30 plastic ampoules. Each ampoule contains 2.5 mL of clear and colourless liquid.

Ingredients

The active ingredient in Asmol uni-dose is salbutamol (as salbutamol sulfate)

- * Asmol 2.5 uni-dose contains 2.5 mg of salbutamol in 2.5 mL of liquid
- * Asmol 5 uni-dose contains 5 mg of salbutamol in 2.5 mL of liquid

Asmol uni-dose also contains:

- * sodium chloride
- * water for injections

Asmol uni-dose is preservative free.

Supplier

Asmol uni-dose is supplied by:

Alphapharm Pty Limited

(ABN 93 002 359 739)

Chase Building 2

Wentworth Park Road

Glebe NSW 2037

Phone: (02) 9298 3999

www.alphapharm.com.au

Medical Information

Phone: 1800 028 365

Australian registration numbers:

Asmol 2.5 uni-dose: Aust R 54719

Asmol 5 uni-dose: Aust R 54720

This leaflet was prepared on 11 May 2007.